

# THE 4TH DAY



Filipino Cursillo Movement of San Diego, CA | Volume XXXVII, Issue 2 | June 2018

## Upcoming Dates

### **WOMENS PRE-CURSILLO FELLOWSHIP**

July 7, 2018  
Saturday 1PM  
St. Michael Parish

### **WOMEN'S CLASS 117**

July 12-15, 2018  
La Quinta de Guadalupe

### **MENS PRE-CURSILLO FELLOWSHIP**

JULY 21, 2018  
Saturday, 11:30AM  
St. Michael Parish

### **MENS CLASS 118**

July 26 - 29, 2018  
La Quinta de Guadalupe

### **REGION XI ENCOUNTER**

August 4, 2018  
Fresno, CA

### **ULTREYA**

August 5, 2018  
Sunday, 2-4PM  
Place TBD

### **NATIONAL ENCOUNTER**

August 16 -19, 2018  
Seattle, WA

### **CURSILLO PICNIC**

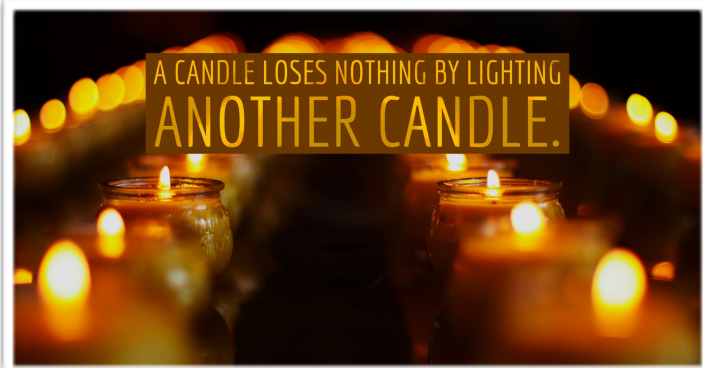
August 25, 2018  
Rohr Park

### **ULTREYA**

October 21, 2018 - 2-4PM  
Place TBD

### **CHRISTMAS REUNION**

December 1, 2018  
11AM - 3PM  
Good Shepherd, Mira Mesa



## TURNOVER OF SECRETARIAT MEMBERS

**Bro. Rudy**

At this time, it is with great pleasure for me to announce the newest member of the Secretariat, Bro. JQ Manlapaz from Class 107. Bro. JQ will be our Newsletter Editor filling a vacancy left by our Bro. Alex Rullan who has served in that position for many, many years.

Additionally, we welcome Bro. Nelson Salazar back to the Secretariat as Co-Chairperson for the School of Leaders. He is taking the place of our Sis. Ditas Manabat, whose six year term has expired.

We welcome both Bro. JQ and Bro. Nelson to their position of service to God's Movement. At the same time, we want to thank both Bro. Alex and Sis. Ditas for their untiring efforts and commitment they have given throughout their years of service and wish them blessings and graces in their future endeavors.

## SAN DIEGO FILIPINO CURSILLO 40<sup>TH</sup> ANNIVERSARY

---

By Sis. Chit

The much awaited 40<sup>th</sup> Anniversary of the San Diego Filipino Cursillo Movement was held on April 14, 2018 at the Town and Country Hotel. We were blessed and graced to have two bishops participate in this celebration, Bishop Robert McElroy and Auxiliary Bishop John Dolan. The celebration started with a mass at 5:00 pm by Bishop Robert McElroy. The room was packed with almost 300 Cursillistas who attended the mass. It was a spirit filled and moving experience having the Bishop celebrate our 40<sup>th</sup> Anniversary. He said, "The number 40 has always been a significant number in Sacred Scripture. In Genesis, the Lord made it rain for 40 days and 40 nights to purge creation from their sins. The Hebrews wandered for 40 years in the desert before they entered the Promised Land. Jesus fasted for 40 days in the desert where he was tempted by the Devil." He also said he is looking forward to attend our 50<sup>th</sup> Anniversary.

The mass was followed by dinner and a total of approximately 400 Cursillistas, families and friends were in attendance. The MCs were a representative from the first class, Bro. Jesse Trapse (Class #1) and the last class (Class #115) Sis. Angela Ramirez. Our Lay Director, Rudy Sigarlaki, gave the welcome talk, followed by the invocation by the Spiritual Adviser, Fr. Andre Ramos. After dinner, Bishop John Dolan, our very own Cursillista from Class #44 was our keynote speaker. He said Cursillo is more than a course; it is a way of life. It is a profound avenue for opening one's heart and making one's faith become alive. The Cursillo call to "make a friend, be a friend and bring a friend to Christ" is so valuable because it's a call to gather regularly as members of the same Body.



The talents of our brothers and sisters were showcased by the presentations from the North County and South County. The North County presentation was coordinated by Sis. Alice & Bro. Rolly Nadal. The South County was coordinated by Bro. Erwin Querimit and Sis. Melanie Calimlim. Sis. Gloria and Bro Angel Dungca shared their talents on creating beautiful centerpieces, while Bro. Mar Delavin unselfishly provided continuous music and coordinated the live band. The souvenir program was engineered by Bro. Ramon with the help from Sis Marie Dela Cruz. The liturgy and music was coordinated by Sis. Kim San Pedro and Bro Nelson Salazar. The ticket distribution was coordinated by Sis. Novy Balan and Sis. Nellie Lansang while the accounting was provided by Sis. Heldy Magallenes. The overall coordination of this event was led by Sis. Remy Jimenez and Sis. Chit Trapse.

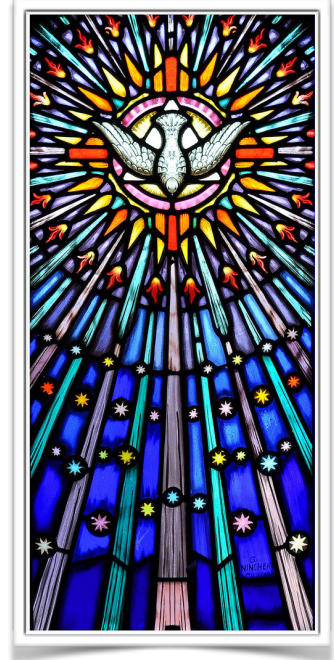
Special thanks to the planning committee who worked tirelessly, joyously and collaboratively with each other to make the 40<sup>th</sup> Anniversary a celebration to remember.

## MAY 2018 ULTREYA

---

Sis. Fatima

It was a perfect Pentecost Sunday of May when our Filipino Cursillo Ultreya continued to celebrate each other through friendships and unity in one faith. Another sun-sational summer day in Santee, where the breeze carried the smell of the Lakes of Santee inside the hall of the Guardian Angel Catholic Church. A smell that our moderator, JQ Manlapaz immediately noticed (but not the smell of the different flavors of food coming out of the kitchen). The sixty plus attendees joined the heavenly singing of the Cursillo choir as a precursor to an exciting event - the joy of meeting each other. A prayer to the Holy Spirit started our celebration. This was followed by floating team reunion, sharing our Piety, Study and Action with our brothers and sisters from different groups. It is in our PSA activity that encourages each and every one of us to form broader friendships which unite us in the Lord. Sister Angela Ramirez, Class 115 Decuria of St. Joan of Arc, was the lay witness. She shared her commitment to modeling the way with the rest of her family members to a life of prayer. Her echo was Brother John Decano. Father Andre Ramos, our Spiritual Director, shared the importance of our May Ultreya's celebration as it relates to the Pentecost Sunday Reading (Acts 2:1-11)...



*“And they were all filled with the Holy Spirit  
and began to speak in different tongues,  
as the Spirit enabled them to proclaim.”*

Brother Rudy Sigarlaki announced important dates for coming events. Fellowship immediately followed.

Let us be reminded of our commitment to attend our bimonthly Ultreya. It is where we nurture and grow in our friendships; share the journey of our brothers and sisters to Christ and most importantly the meaning of perseverance.

## MESSAGE FROM PRE-CURSILLO

---

By Bro. Jay

It has been a year since the 2017 Cursillo Weekend Classes. How fast time flies and here we are again at the end of the "Fishing" season. What do you have on your nets so we can bring them to the altar of the Lord?

As of this writing, we have at least 32 candidates for the Women's Class and 17 for the Men's Class. While we are very excited for the enthusiastic response from the women in our community, we are hopeful that the men will respond with equal fervor.

And this reminds us of what we can do together as a community on behalf of these upcoming classes - PALANCAS. Please make a daily offering of your prayers, works, joys, and sufferings for the candidates that they may feel God's hand as He draws them closer to Himself through the Cursillo Movement.

As a community, let us all come together to welcome them at the a) Sponsor-Candidate Fellowship, b) Thursday Welcome, and c) Clausura. See you all soon and De Colores!

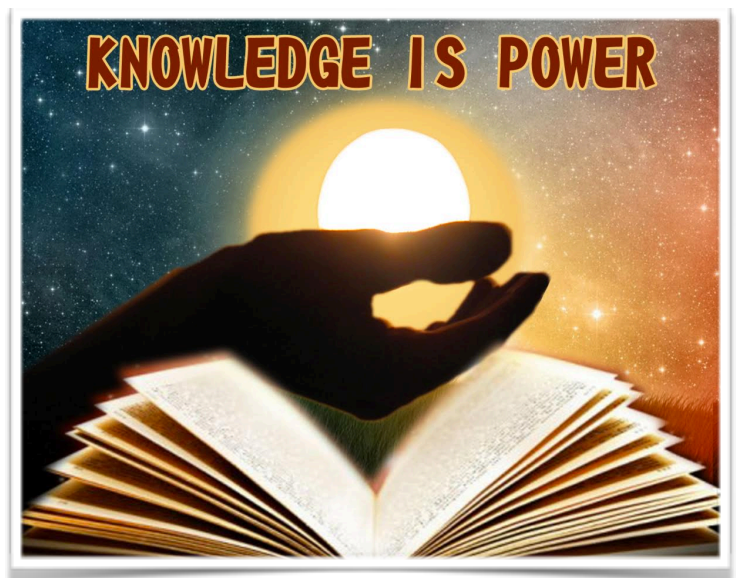


### DID YOU KNOW?

1. The word, "Catholic Church": Both words combined (Greek - *katholike ekklesia*) are found for the first time in the letter of St. Ignatius (Bishop) of Antioch to the "Smyrnaeans, written about the year 110."

St. Ignatius followed the Apostle St. Peter as the Bishop of the Antioch - It is at this city where the word Christian was established written in the Book of Acts 11:26.

<sup>1</sup>Catholic Encyclopedia, *katholike ekklesia*, "<http://www.newadvent.org/cathen/03449a.htm>"



## REFLECTIVE MEDITATION

---

By Deacon Dave



Recently, on Father's day, we had the Gospel reading of Mark 4:26-34, about the spreading of seeds, some as small as the mustard seed that grows into a large bush. As fathers, mothers, or even as neighbors, co-workers, friends, or strangers, our actions are being watched by others. What we do and say are often observed without our even knowing it. Without knowing it, we are spreading seeds.

When we are kind to others, others see it, when we return the incorrect change back to the cashier others see it, and when we pray before meals, others see it. As Catholics we should stand out as exceptional, in that we should show love to others when others won't, we should show honesty and integrity when it is the hard way out, and we showed mercy when vengeance seems the desired course of action.

Let the seeds we sow be the seeds Jesus would want us spreading, they bear the best fruit. The fruit we would want our children, grandchildren, friends and co-workers, and even the strangers on the street enjoying from mimicking our lives.

## SCHOOL OF LEADERS

---



**By Sis Remy**

Welcome aboard,  
Brothers and Sisters!!  
We will have fun days  
at sea!

The Secretariat and  
the School of Leaders  
are planning a 7 - Day  
Mexican Riviera  
Cruise..."PILGRIMAGE  
at SEA". A round trip  
cruise from San Diego  
to Cabo San Lucas,  
Mazatlan, and Puerto

Vallarta, Mexico. So, please save the date: November 2 - 9, 2019.

This is in lieu of our Annual Workshop and Annual Retreat. The details of the activities are still in progress and we will inform you as they become available. Watch for announcements from your Parish team coordinators. Flyers will also be distributed.

This cruise is open to non-Cursillistas. So, invite your family, friends and relatives and let them witness the joy of being a Cursillista.

This will be an unforgettable event...a time to get out of our routine, a time for prayer and fellowship, a time to enjoy each other's company...

So, Brothers and Sisters, get your passports ready and let's go sailing!!

De Colores!!  
Sis Remy Jimenez  
Sis Novy Balan (for Sis Ditas Manabat)

## SECRETARIAT 2018

### SPIRITUAL DIRECTOR

**FR. ANDRE RAMOS**

619.791.6034

agruspi@gmail.com

### ASSISTANT SPIRITUAL DIRECTOR

**DEACON SAM MARTINEZ**

619.423.3580

samnel@cox.net

### LAY DIRECTOR

**BRO. RUDY SIGARLAKI**

619.846.2129

sigarlaki@gmail.com

### SECRETARY

**SIS. DENISE MASCARENAS**

619.200.0619

zombiedee@yahoo.com

### ASSISTANT SPIRITUAL DIRECTOR

**DEACON DAVE LEWIS**

619.206.8842

davidrlewis@cox.net

### ASSISTANT LAY DIRECTOR

**SIS. CHIT TRAPSE**

858.722.0424

jtjakieboy@gmail.com

### TREASURER

**SIS. HELDY MAGALLANES**

858.603.6736

hs.magallanes@gmail.com

### SCHOOL OF LEADERS

**SIS. REMY JIMENEZ**

619.342.5003

sisremy@yahoo.com

**(VACANT)**

### PRE CURSILLO

**BRO. JAY GONZALES**

858.472.9680 j

ayincal@yahoo.com

**SIS. LORIE OPELANIO-BUENCAMINO**

619.508.2426

lopelanio@yahoo.com

### CURSILLO PROPER

**BRO. BOBBY GARCHITORENA**

619.475.0612

drgeegr8t@gmail.com

**SIS. NELLIE LANSANG**

858.335.5950

### POST CURSILLO

**BRO. JOEY MANABAT**

619.475.4203

josemanabat@hotmail.com

**SIS. JOSIE HERNANDEZ**

619.987.8461

jjfhernandez@sbcglobal.net

### MUSIC

**BRO. ERWIN F. QUERIMIT JR**

619.948.0853

equerimit@gmail.com

**SIS. KIM SAN PEDRO**

619.993.1384

sm.liturgy@gmail.com

### NEWSLETTER EDITOR

**BRO. JQ MANLAPAZ**

601.667.9207

kuyajq@gmail.com